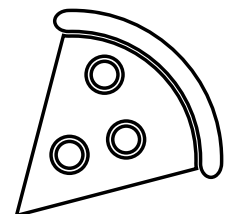
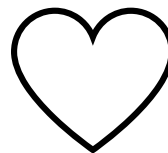
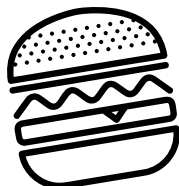
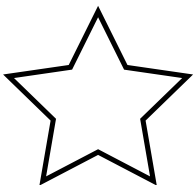
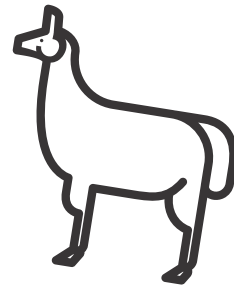
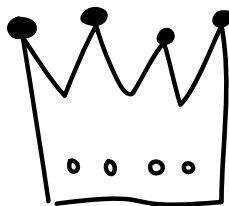
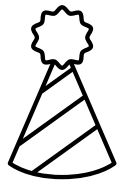
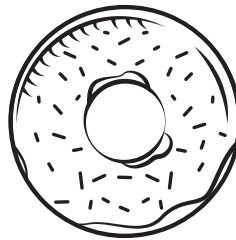
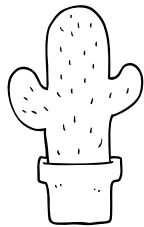
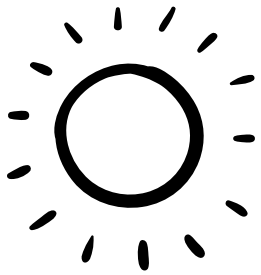


THIS PRAYER + PRAISE  
JOURNAL BELONGS TO:



Hey Kids! We're so glad you are  
joining us on our Prayer + Praise  
Journal adventure!

1

**How to PRAY:**  
**Talk to God**  
**about anything**

2

**How to PRAISE:**  
**Thank God for**  
**everything**

Philipians 4:6

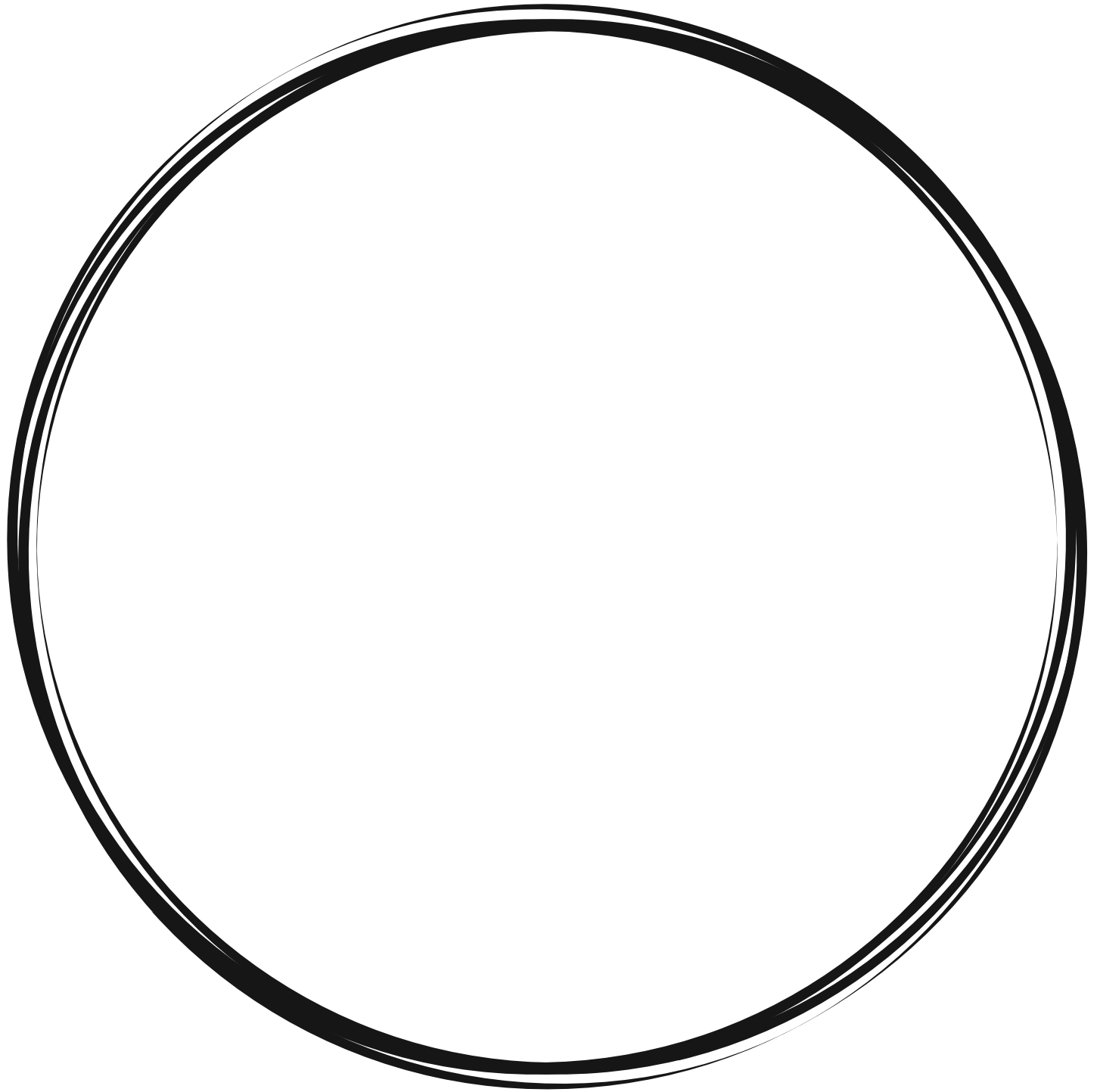
Don't worry about  
anything, instead  
pray about  
everything.

Psalm 136:1

Give thanks to the  
Lord, for he is good.  
His love endures  
forever.

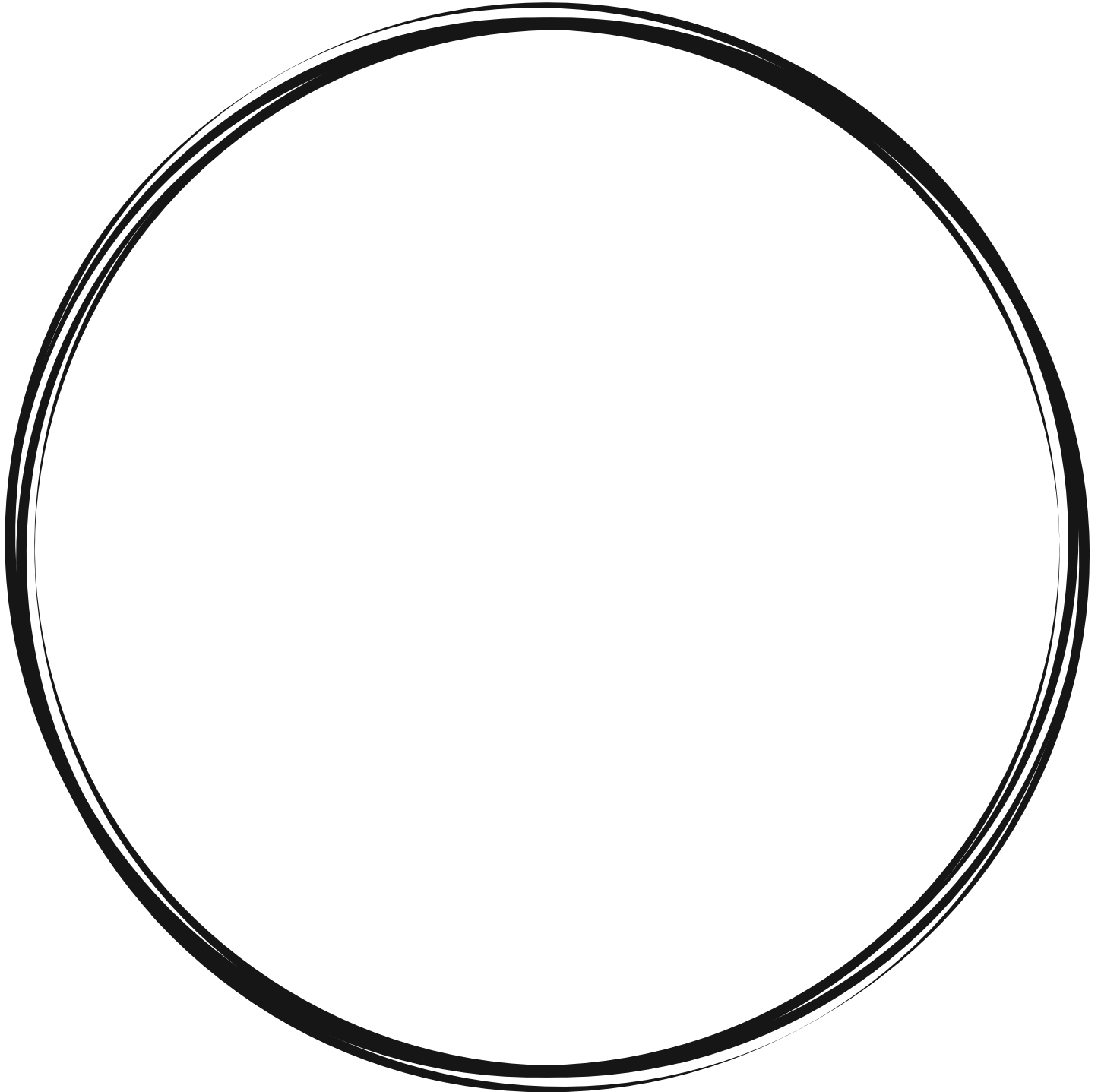
# What are you praying for?

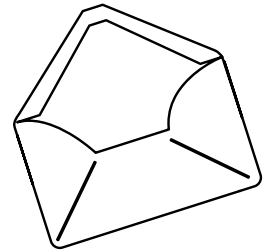
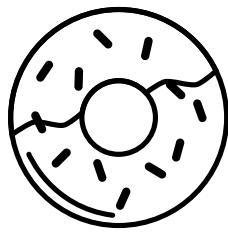
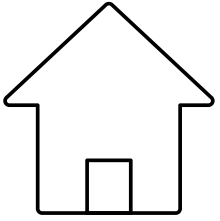
Fill up this circle with things that you are  
praying for!



# What are you praising God for?

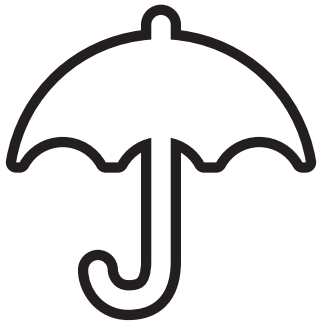
Fill up this circle with things that you are  
praising God for!





GIVE THANKS

TO THE LORD,

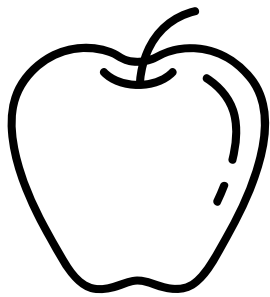


FOR HE IS

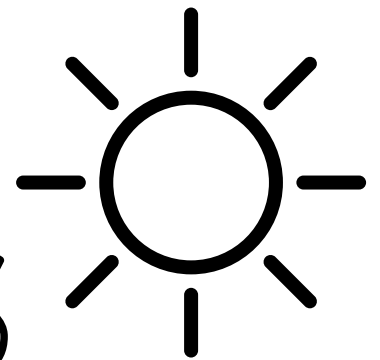


GOOD. HIS

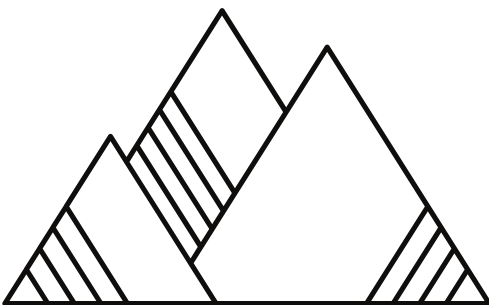
LOVE



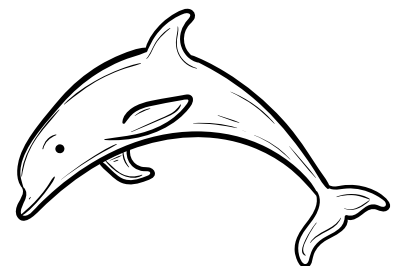
ENDURES

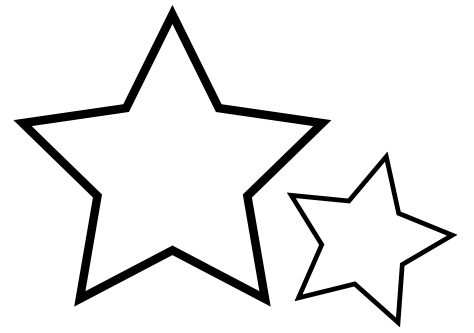


FOREVER.



**Psalm 136:1**





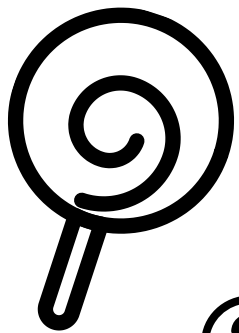
Don't worry



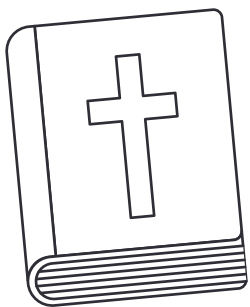
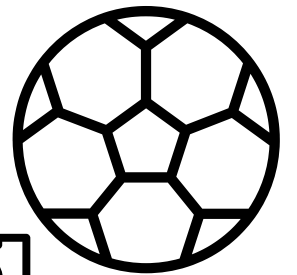
about  
anything,



instead pray



about  
everything.



**Philippians 4:6**



# WORD SEARCH

## FRUITS OF THE SPIRIT

V G O P I E Y H J K A C S P E  
J K E J A O N H C B A S D A V  
K X U N J I T G T R E H D T O  
E X A C T N J X A N I O S I L  
N C J A V L Y Y L Z F Z H E R  
E J A R L J E U R K J M Z N V  
E Q J E I V F N I K V Y H C J  
M W L Q P H P N E Q U W G E V  
Z E W Q T T D N J S X Y G K F  
A B W I L N T X R L S X J T Y  
N J A I E S S E N D O O G U J  
U F L S L L S T Q W R K H E G  
N U S N W N J O A Y V Y I O Q  
S E L F C O N T R O L Y J M W  
M K U W W L I U V O N U J O W

LOVE

JOY

PEACE

PATIENCE

KINDNESS

GOODNESS

FAITHFULNESS

GENTLENESS

SELF-CONTROL

**Draw a picture of people you love...**

